

JODI GREEBEL, MS, RDN

NUTRITIONIST, INFLUENCER AND AUTHOR



Jodi has been helping teenagers, young adults and children have a healthy relationship with food for over 15 years.

She has extensive expertise which is regularly displayed through her media, digital and social media platforms. Jodi speaks in-person and virtually at schools and universities throughout the country.

Current Topics include:

- **Boosting Immunity During Covid-19 + Cook with Me! (Smoothies to Make you Look and Feel Better)**
- **Learn to Cook Healthy Meals for ONE!**
- **Cooking & Eating Well on a Student's Budget**

Presentations may be structured as lectures, demonstrations or interactive sessions with audience virtual involvement.



@GREENGROWNMEALS

SPECIALTIES

*food & nutrition influencer | cooking presentation and lecture series | cooking classes
| cooking demos | menu creation | speaking engagements | school nutrition
consultant | recipe development | cookbook author*

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AS SEEN ON

Good Morning America
CW News
CNN International
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PopSugar
Well + Good
Eat This, Not That!
BabyCenter

